

# COURSE CURRICULUM

## Lesson 1: Resources

The following points will be discussed:

- Resources | Introduction
- How to identify the best resources?
- Testing different resources!
- Full vs partial studying of additional resources!
- How many additional resources should you study?
- Resources | Common mistakes

## Lesson 2: Study plan & schedule

The following points will be discussed:

- The three stages of a study plan
- How to make a study plan?
- Have a system
- Study plan | Solving questions

- Study plan | Assessment tools
- Study plan | Final week

### **Lesson 3: Productive studying**

**The following points will be discussed:**

- Home vs. Library?!
- Social distractions
- Social Media
- Have a System
- Long Studying Hours

### **Lesson 4: How to study 12 hours a day?!**

**The following points will be discussed:**

- How to study 12 hours a day?!
- Study schedule | 12 hours a day

### **Lesson 5: Study techniques**

**The following points will be discussed:**

- Understanding

- What if I can't understand the topic?
- Spaced repetition
- Mnemonics
- The memory palace
- Active vs. passive learning
- Solving questions | Act of retrieval and spaced repetition
- Active learning | Final tips

## **Lesson 6: Question solving strategies**

**The following points will be discussed:**

- Time 🕒
- Reading choices first!
- Should I read the full question?
- Should I read all choices?
- Keywords 🔑
- Option elimination strategy
- Don't get stuck!

- Should I change my answer?

## **Lesson 7: Notes**

**The following points will be discussed:**

- Writing notes
- Notes through questions
- Notes | Summary

## **Lesson 8: Final days of preparation**

**The following points will be discussed:**

- Sleep 😴
- Study hours

**Last Updated on 1/9/2023.**